

“The Ultimate Recare Visit” Eileen Morrissey, RDH, MS
AGD Course Code #495

Course Overview: This seminar asks doctors and hygienists to communicate and to synchronize their objectives as to periodontal maintenance (recare) visit priorities. Virtually every aspect of recare protocol will be thoroughly examined, as well as the rationale behind each step of the protocol. Clinical dental hygiene decisionmaking is a collaborative effort between doctors and dental hygienists. Supporting evidenced based research as to contemporary concepts will be presented.

Upon completion of the program, participants will be able to design and implement an ultimate recare experience for their patients that reflect the unique philosophy of their practices. Every participant leaves with the information and inspiration to make practical applications immediately.

Learning Objectives: Upon completion of the seminar, participants will have learned:

1. The critical importance of chart review.
2. The importance and components of a superb medical history review, as well as the legal obligation and ramifications.
3. The importance of documentation and assessment of “chief complaint”.
4. The value of taking a Blood Pressure screening. Learn various techniques available.
5. The importance of taking necessary films; the correct way, the need for documentation; technique, pitfalls, etc.
6. The rationale for pre-treatment pre-rinsing with antimicrobials.
7. The value and methodology of a conventional oral cancer screening, as well as advanced oral cancer screening technologies (i.e. Velscope)
8. The importance of periodontal charting and all that should be included.
9. The rationale to an occlusal exam.
10. The importance of dental charting and raising areas of concern.
11. The value of a complete home care assessment; components and techniques.
12. Current debridement protocols; hand scaling vs. ultrasonics with supporting research. “Hands-on” practice will be available in some courses.
13. Contraindications to ultrasonic debridement
14. Pros and cons of clinical medicaments used in irrigation at office and home
15. The value of polishing (or not); selective, therapeutic, agents, pros, cons.
16. The importance of interproximal debridement post prophylaxis with various devices.
17. The importance and technique for debridement of removable prosthetic appliances
18. Implant maintenance; technique, agents

19. The rationale to use of fluoride in-office.
20. Gingival massage: Therapeutic value and technique
21. The “reason for return”.
22. The rationale to alternating recall between periodontist and general practice from a clinical perspective.
23. Understanding how/why recall intervals are appropriate
24. The importance and technique for effective clinical communication
25. The value and importance of serving patients well!