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**“The Roar of Womanhood: How Life’s Phases Impact Oral Health” 3-4 CEUs**

I. Learning Outcomes: **(General)**

- A. Review and implement into practice how the phases of the woman’s life cycles impact oral health.
- B. Gain knowledge of contemporary theory with regard to treatment of physical, mental, and emotional challenges as they pertain to oral health
- C. Integrate into practice, optimal oral assessment and treatment the woman’s journey through the ages/stages.

II. Learn how select **adolescent/teen** issues may impact oral health; treatment options and prevention:

- A. Pubertal Gingivitis: Recognition/risk factors/treatment/prevention
- B. Caries: Recognition/risk factors/treatment/prevention
- C. Bruxism: Not just for adults!
- D. Sports guards: Impact of use and non use
- E. Orthodontics or non -treatment impact/ramifications/clinical findings
- F. Smoking tobacco/Cannabis/E-Cigarettes/as a risk factor for oral disease
- G. Chewing in female teens/impact/clinical considerations
- H. Communication/Education/the 5 A’s.
- I. Mouth breathing/Halitosis/Risk /treatment recommendations
- J. Piercings/Grills/Tattoos: Risk/clinical findings
- K. Oral cancer screening in teenagers
- L. Technology/Graphics applications for teenagers in education
- M. Advanced Cancer Screening Technology

III. Learn how various issues in **young womanhood and pregnancy**, may impact oral health; treatment options and prevention.

- A. Eating disorders: Controversy with regard to presentation of clinical findings and intervention by RDHs and dentists. Includes counsel by eating disorder specialist Don Erwin, PhD. Clinical manifestations; Impact ; Treatment if Patient discloses vs. Treatment if Patient does not disclose.
- B. HPV: Magnitude of problem. Worldwide impact. Clinical risk factors, historically and today; Clinical presentation of benign and malignant HPV lesions.
- C. Risk Assessment Sample/Rationale/Application
- D. Importance of traditional oral cancer screening/Advanced Oral Cancer Screening Technology
- E. Pregnancy Gingivitis/diagnosis/treatment/prevention

- F. Pregnancy/Morning Sickness/Erosion/diagnosis/treatment prevention
- G. Pregnancy/Smoking/clinical manifestations
- H. Pregnancy/Diabetes/importance of monitoring and why
- I. Pyogenic Granuloma/pregnancy tumor/manifestations/treatment
- J. Birth control pills/clinical impact/long term ramification high dose

IV. Learn how various issues in **peri menopause and post-menopause** may impact oral health; treatment options and prevention.

- A. Desquamative Hormonal Gingivitis/Prevalence/Cause/Treatment
- B. Heart Disease in Menopause: oral impact on periodontal disease
- C. Smoking in Menopause: oral impact on periodontal disease
- D. Diabetes in Menopause: oral impact/controlled vs. uncontrolled
- E. Burning Mouth Syndrome: Recognize clinical findings/Causes/treatment
- F. Osteoporosis: Connection to periodontal disease
- G. Halitosis
- H. Xerostomia: oral impact on periodontal disease and demineralization
- I. Impact of prescription medications
- J. Head/Neck Cancer/Oral and Confluent Mucocitis/Treatment
- K. Hypertension/Importance of Blood Pressure Screening/How/Rationale
- L. Oral/Systemic Links: How the mouth “tattles” on disease manifestation
- M. Physical, mental, emotional manifestations of Peri and Post Menopause
- N. Treatment, including traditional, alternative therapy, self therapy
- O. The overall impact of Stress on female patients’ oral environment
- P. Systemic distinction between peri and postmenopause: clinical definition

V. Learn how various issues in the **elderly female** may impact oral health; treatment options and prevention.

- A. Clinical manifestations and the impact orally of caries, periodontal disease
- B. Systemic issues’ impact on ability for oral self care, I.e arthritis, cognitive diminishing abilities, dementia, fatigue
- C. Elder issues in long term care facilities, I.e assisted living or nursing homes, I.e lack of good oral care by direct care staff – clinical impact and presentation of findings
- D. Impact of pneumonia on oral health and overall health
- E. Medications and Xerostomia
- F. Denture issues and bone remodeling
- G. Pain/diet/downward spiral
- H. Oral care recommendations and how the RDH can help

Presentation includes live audio and videotaping of clinical dialogue between a hygienist and a 1) teenage patient at high risk for oral cancer based on risk assessment & 2) post-menopausal patient taking overactive bladder medication.

Presentation includes workshop interactive, halitosis recognition activity.

References included in Powerpoint and furnished upon request.